

# NORTHSTAR

Summer 2024 PROGRAM GUIDE

















### Welcome to NorthStar Summer 2024!

#### WHAT'S NEW IN 2024

NorthStar Summer 2024—Re-Imagined! Join us for a summer of exploration, where students will have access to a variety of new offerings, diving deeper into NorthStar's three core areas: Academics, Adventure and Athletics! This summer, students will have the opportunity to choose from a series of week-long camps to immerse themselves in activities that they are excited to learn more about! Each week of summer programming, there are multiple offerings to meet the needs of all our students, whether your student enjoys playing basketball, doing science experiments, exploring nature, and more!

#### **NORTHSTAR SUMMER - YOUR WAY**

This summer looks different compared to how NorthStar Summer has provided offerings the past few years. We hope that this new modular schedule will allow flexibility for your student to attend their school's summer learning programs and to select the summer experience here at NorthStar that they want to participate in!



Summer registration sign up April 1st - May 31st.

#### WHAT TO EXPECT

- 1. Registration will begin April 1st and end May 31st.
- 2. Summer programs at NorthStar are available for students in Rising 3rd-Rising 9th grade for the 24/25 Academic year. High school intern candidates must be enrolled in the current academic year.
- 3. Registration will be available through your PowerSchool Parent Portal. If you don't have a login, please contact the Enrollment team at <a href="mailto:enrollment@northstar360.org">enrollment@northstar360.org</a>.
- 4. At time of registration, you will be required to select the specific weeks your NorthStar student will attend.
- 5. Every NorthStar student must complete the Summer Registration forms in their PowerSchool Parent Portal. The summer registration fee of \$50 will be due at time of registration. Registration will not be confirmed or complete until all paperwork and payments are complete.
- 6. Sessions have a maximum number of participants and registration will be first come, first served.

#### PARENT ORIENTATION

- **Summer Program Meeting** Join us on Thursday, May 30th at 5:00 p.m. to learn more about summer.
- Visit our website for more information: www.northstar360.org/academics

# A Day in the Life at NorthStar Summer

Summer activities will be offered Monday through Thursday for seven weeks in June & July, with offerings in the morning and the afternoon. NorthStar students must register for both the AM Session and the PM Session. NorthStar will not have programming on Fridays this summer. There are multiple options every week for each grade level.

#### DAILY SCHEDULE

#### First Session - A.M.

- Drop off begins at 9 a.m.
- Activities are scheduled from 9:30-11:30 a.m.
- Lunch is at 11:30 a.m.
- Dismissal is from 12:00-12:30 p.m.

#### Second Session - P.M.

- Drop off begins at 12 p.m.
- Lunch is available at 12 p.m.
- Activities are scheduled from 12:30-3 p.m.
- Dismissal is from 3:00-3:30 p.m.
- Field-trips and swiming will ONLY be available on select afternoons throughout the summer. These will vary by day and grade level. You will have the option to add afternoon activities before the start of summer.

A.M. Session	Monday	Tuesday	Wednesday	Thursday	
9:00 a.m.	Drop-Off/ Check-in	Drop-Off/ Check-in	Drop-Off/ Check-in	Drop-Off/ Check-in	
9:30 a.m.	Program Time	Fime Program Time Program Time		Program Time	
11:30 a.m.	Lunch Lunch		Lunch	Lunch	
12:00-12:30 p.m.	Dismissal	Dismissal	Dismissal	Dismissal	
P.M. Session	Monday	Tuesday	Wednesday	Thursday	
12:00 p.m.	No Programming	Drop-Off/ Lunch Available	Drop-Off/ Lunch Available	Drop-Off/ Lunch Available	
12:30-3:00 p.m.	No Programming	Program Time	Program Time	Program Time	
3:00-3:30 p.m.	No Programming	Dismissal	Dismissal	Dismissal	

#### WHAT TO BRING EACH DAY

- A water bottle, weather-appropriate apparel, and tennis shoes.
- For field trip and swimming days, bring a swimsuit and a backpack to carry water bottles, sunscreen, and any other necessities.







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## **Elementary Programming**

# Morning Sessions Only (pgs. 4 & 5)





#### Week 1 (June 3-6):

#### **Soccer Camp**

Maximum 40 Boys • Rising Grades 4-5

Soccer camp is designed for players of all levels to learn and improve their fundamental soccer skills. Players will improve their offensive, defensive, and ingame skills, while also learning the value of teamwork, responsibility, and sportsmanship.

#### **Crafty Creations**

Maximum 12 Boys • Rising Grades 4-5

Students will participate in various hands-on, artistic activities designed to encourage creativity and self-expression.

#### Week 2 (June 10-13):

#### **Group Gaming**

Maximum 12 Boys • Rising Grades 4-5

Students will develop social skills by playing group-oriented, interaction-focused games: board games, card games, video games, and more.

#### **Adventure Camp**

Maximum 24 Boys • Rising Grades 4-5

The focus of the camp will be developing outdoor skills and knowledge while cultivating participants' leadership abilities. The boys who join this camp will explore nature in our own backyard and the Loess Hills, learn to use maps and compasses, identify plants, insects, and animals, and make art out of the world around them. We'll also explore our city, with an emphasis on the nature, history, and culture of North Omaha.

#### Week 3 (June 17-20\*No Programming 6/19):

#### Flag Football Camp

Maximum 40 Boys • Rising Grades 4-8

Campers will receive daily instruction in offensive and defensive skills with the opportunity to put those skills to work during daily scrimmages. Instruction will focus on teamwork, sportsmanship, and skills development.

#### Week 4 (June 24-27):

#### **Adventure Camp 2**

Maximum 24 Boys • Rising Grades 4-5

This camp will be similar to the Elementary School Adventure Camp from Week 2, but students will also engage in different offsite adventures, including trips to Lake Cunningham and Fontenelle Forest. The boys will be exposed to a variety of natural, historical, and cultural elements in this camp.

#### **Sports Sampler**

Maximum 40 Boys • Rising Grades 4-8

In this week of programming, students will enjoy playing sports of all sorts! Students will have the opportunity to explore soccer, basketball, volleyball, pickleball, and more!

### Silly Science Experiments Maximum 12 Boys • Rising Grades 4-5

Students will perform playful, entertaining science experiments designed to build natural curiosity and logical reasoning skills.

#### Week 5 (July 8 - 11):

#### **Fun Field Challenges**

Maximum 12 Boys • Rising Grades 4-5

Students will practice sportsmanship during friendly physical competitions such as relays, races, and other field games.

#### **Basketball Camp**

Maximum 40 Boys • Rising Grades 4-5

Get better and have fun with NorthStar Basketball Camp! Campers will receive age- and grade-level appropriate instruction for skill development. Live games will be played every day.

#### Week 6 (July 15-18):

#### Climbing Camp

Maximum 20 Boys • Rising Grades 4-5

The focus of this camp will be developing participants social and emotional skills and leadership abilities through activities that focus on climbing. Students will develop their knowledge and skills on the Hitchcock Rock Wall and the Team Development Course as well as field trips.

#### Week 7 (July 22-25):

Program Sampler (Rising 3rd)
Maximum 12 Boys • Rising 3rd Grade Only

Students will experience a little bit of everything NorthStar's elementary program has to offer. offer, including activities centered around Academics, Athletics and Adventure.

#### Hit the Track!

Maximum 40 Boys • Rising Grades 4-8

In this week of programming, students will explore track & field, a sport that includes athletic contests based on running, jumping, throwing, and more!

#### July 8-25 \*Monday-Thursday only:

Jump Start: Reading, Writing & Math

Maximum 20 Boys | (Students must attend all 3 weeks)

This 3-week program will focus on preparing for the upcoming academic school year, focusing on specific skills in reading, writing, and math to give our boys a 'jump start' to their academics! We will brush up on fluency, word attack skills, and comprehension in the area of reading. For writing, we will focus on developing ideas to compose writing pieces, along with writing conventions such as complete sentences, grammar, and punctuation. Math skills will include reviewing addition, subtraction, multiplication, and division facts and applying them to real-life situations. Of course, we will also enhance our learning through fun reading and math games.



# Middle School Programming

# Morning Sessions Only (pgs. 6 & 7)

#### Week 1 (June 3-6):

#### **Adventure Camp**

Maximum 24 Boys • Rising Grades 6-9

The boys who join this camp will explore nature in the Loess Hills along the Missouri River, learn to use maps and compasses, identify plants, insects, and animals, and make art out of the world around them. We'll also explore our city, with an emphasis on the nature, history, and culture of North Omaha. The focus of the camp will be developing outdoor skills and knowledge while cultivating participants' leadership abilities.

#### **Cooking Masters**

Maximum 12 Boys • Rising Grades 6-8

Your student will learn a variety of culinary skills, including how to properly measure and mix ingredients and basic knife skills. Students will learn the fundamentals of baking, stove top cooking, and other cooking methods. The goal of this week is to teach students the skills needed to safely operate in a kitchen.

#### Week 2 (June 10-13):

#### **Soccer Camp**

Maximum 40 Boys • Rising Grades 6-8

Soccer camp is designed for players of all levels to learn and improve their fundamental soccer skills. Students will improve their offensive, defensive, and in-game skills, while also learning the value of teamwork, responsibility, and sportsmanship.

#### **Art Canvas**

Maximum 12 Boys • Rising Grades 6-8

Students will learn the basics of multiple art media, including digital art, painting, craft art, and art using materials found in nature. The goal of this week is to promote self-expression through art in a way that the students will be proud to share with others.

#### Week 3 (June 17-20 \*no programming 6/19):

#### Flag Football Camp

Maximum 40 Boys • Rising Grades 4-8

Campers will receive daily instruction in offensive and defensive skills with the opportunity to put those skills to work during daily scrimmages. Instruction will focus on teamwork, sportsmanship, and skills development.





#### Week 4 (June 24-27):

#### **Lacrosse Camp**

Maximum 40 Boys • Rising Grades 6-12

Students will learn about the game of lacrosse and improve their skills with position specific coaching and drills. Our camp is geared towards players of all skill levels—even those who have never played the game before.

#### **Robotics Factory**

Maximum 12 Boys • Rising Grades 6-8

In Robotics Week, students will be introduced to the world of competitive robotics. They will learn the basics of building their own robots in groups, to score points in the competition model. They will work with Vex components with an outside partner.

#### **Sports Sampler**

Maximum 40 Boys • Rising Grades 4-8

Students will enjoy playing sports of all sorts! Students will have the opportunity to explore soccer, basketball, volleyball, pickleball, and more.

#### Week 5 (July 8-11):

#### **Mountain Biking Camp**

Maximum 12 Boys • Rising Grades 6-9

Using NorthStar's fleet of Specialized Rockhopper mountain bikes, the boys in this program will spend the week developing their mountain biking skills and riding single-track trails on a variety of courses around town. This camp will be led by certified mountain biking staff.

#### **Fitness League**

Maximum 12 Boys • Rising Grades 6-8

Students will focus on learning different ways to exercise. During the week, we will focus on proper nutrition to fuel our bodies, good cardio practices, and proper lifting techniques. We will take a trip to the YMCA to learn more about the workout machines that are found in gyms. The goal of this week is to promote healthy and safe physical fitness.

#### Week 6 (July 15-18):

#### **Basketball Camp**

Maximum 40 Boys • Rising Grades 6-8

Get better and have fun with NorthStar Basketball Camp! Campers will receive age—and grade-level appropriate instruction for skill development. Live games will be played every day.

#### Week 7 (July 22-25):

#### **Climbing Camp**

Maximum 21 Boys • Rising Grades 6-9

The focus of this camp will be developing students' social and emotional skills and leadership abilities through activities that focus on climbing. Students will develop their skills on the Hitchcock Rock Wall and the Hitchcock High Ropes Challenge Course.

#### **Hit the Track!**

Maximum 40 Boys • Rising Grades 4-8

Students will explore track & field, a sport that includes athletic contests based on running, jumping, throwing, and more!

#### **Claiming Your Brand**

Maximum 12 Boys • Rising Grades 6-8

Students will work on developing the personal brand that they want to display to the world. We will have discussions about exploring their personal signatures, how they carry and present themselves to others, and the ways that they can use fashion and other creative outlets to express their personal brand. The goal of this week is to build confidence in our students to be themselves.



# **High School Programming**

# Morning Sessions Only (pg. 8)

#### **Rising 9th Grade**

Students who will be entering 9th grade in Fall 2024 can register to join the NorthStar High School team for four weeks this summer. This special set of offerings will help them prepare to transition into the new world of high school! During these weeks, rising 9th graders will take a journey of self-exploration and bonding, preparing for high school, and along the way participating in all the NorthStar core areas: Academics, Adventure, Athletics.

#### Week 1 (June 3-6):

#### Who do you want to become?

Boys will go on a journey of self-discovery as they transition from middle schoolers to high schoolers. Students will gain deeper understanding of how to become the young adult they want to be through a series of personal and professional examinations of goals and values. This camp will incorporate one day of adventure programming with a focus on leadership.





#### Week 2 (June 10-13):

#### What does it take to be a leader?

Being a leader goes beyond being in charge. It involves collaboration, cooperation, and communication. Boys in this camp will work to develop their natural strengths to help propel them as they grow into adulthood. This camp will incorporate one day of athletic programming with a focus on soccer.

#### Week 4 (June 24-27):

#### So, you're going to high school...

New school year. New school. New expectations and pressures. This camp will focus on helping students successfully begin their next four years. With a focus on all things high school, students will gain knowledge of how to navigate their new educational adventure. This camp will incorporate one day of athletics with a focus on lacrosse.

#### Week 5 (July 8-11):

#### **Service Learning**

The act of service learning increases self-confidence, self-esteem, and self-efficiency. Students in this camp will explore what it means to give back to their community and participate with a local organization to practice their skills.

Dooking for more options for your Rising 9th graders?

Check out the middle school pages 6-7 for additional Adventure and Athletics weeks that they are welcome to participate in the fun!



#### **Summer Interns**

NorthStar High School students who are currently enrolled in the Leaders & Achievers program have the opportunity to participate in a Summer Workforce Internship, working directly with NorthStar staff and students. Students are eligible to apply during the spring semester and are coached through the application process, provided tips for interviewing, and must complete a formal interview. Student interns are evaluated on their professionalism, maturity throughout the application process, engagement, and overall experience at NorthStar, and motivation to advance individual leadership strengths.





**Summer Learning. New Experiences. FUN!** 

### **Additional Resources**



NorthStar has many resources to help you and your student be successful. Please scan the QR code below to visit our website where you will find these resources.

# STUDENT CODE OF CONDUCT & HANDBOOK

Help your student be successful at NorthStar!





PowerSchool Student Account & Enrollment Application

- Helpful tips & multiple student account support
- Help FAQ and multiple student instructions



#### COMMUNICATION



Download the Remind App and receive important updates, schedule reminders and events direct through text messaging and two-way conversations with Staff.

#### **DISMISSAL PROCESS**



Download the PikMyKid App, this will ensure a quicker and smooth dismissal process to help your student exit the building at the end of programming.



Scan the QR code to find additional information about NorthStar



# Summer At-A-Glance

\*All Sessions Here Are Morning Only

	Week 1 June 3 - 6	Week 2 June 10 - 13	Week 3 June 17 - 20 (No 6/19)	Week 4 June 24 - 27	Week 5 July 8 - 11	Week 6 July 15 - 18	Week 7 July 22 - 25
Elementary Academics	Crafty Creations	Group Gaming		Silly Science Experiments	Fun Field Challenges		3rd Grade Program Sampler
Elementary Adventure		Adventure		Adventure		Climbing Camp	
Elementary Athletics	Soccer		Flag Football	Sports Sampler	Basketball		Hit the Track!
Middle School Academics	Cooking Masters	Art Canvas		Robotics Factory	Fitness League		Claiming your brand
Middle School Adventure	Adventure				Mountain Biking Camp		Climbing Camp
Middle School Athletics		Soccer	Flag Football	Lacrosse / Sports Sampler		Basketball	Hit the Track!
Rising 9th Graders	Who do you want to become?	What's it take to be a leader?		So, you're going to high school	Service Learning		
High School Interns	Teamwork	Time Management	Communication	Adaptability	Critical Thinking	Problem Solving	Responsibility
Reading & Math					Jump Start	Jump Start	Jump Start

#### **QUESTIONS? CONTACT US!**

#### **Enrollment Support**

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