



NORTHSTAR

Letter Notifying Families Regarding Health & Safety Policy Changes at Northstar Foundation.

Dear Parents and Families,

Given the COVID-19 (Coronavirus) crisis that is spreading through our country, I want to assure you that we are monitoring the situation closely. Here at Northstar, we must make decisions as an organization that serves the needs of hundreds of students and all our staff members. We wish we could accommodate each person/family's unique situation(s) but that is simply not feasible. Based on information we have at this time; we are open to students in reduced numbers in July. Typically we would host 230 boys daily. This summer we will limit it to 100. If the situation should change, we will notify you immediately.

Effective 07/06/2020 and for the foreseeable future, we will be taking extra precautions to ward off Coronavirus. We are taking these extra steps to support the health and safety of your children, your family and our staff.

Please take note of the following changes to our policies and procedures:

Screening at Home

- Parents, please screen your student as best as possible at home. If they have a fever, cough, shortness of breath, loss of taste or smell, congestion, or runny nose, they should **STAY HOME**.
- Also consider the questions below. If your child would answer yes to any of them, **STAY HOME**.
 - Do you live with anyone or have you had close contact with anyone who has been diagnosed with COVID-19 within the past 14 days?
 - Do you or anyone in your household have a fever, cough and/or shortness of breath?
 - Do you or your child(ren) have any other signs of communicable illness such as a cold or flu?

Check-In and Pick-Up

- When you arrive at Northstar, you will be greeted at the curb by a staff member. Boys are to exit the vehicle and go wait in line under the tent. Parents and other family members will not be allowed inside the facility. Prior to parents leaving the site, a trained staff member will take the temperature of your son. Boys should be wearing a mask.

- Students and staff will be required to wash their hands immediately upon entering the building and continue to wash and sanitize throughout the day.
- Upon your arrival to pick up your son, you will be asked who you are there to pick up. They will be called out to meet you curbside. You will not have a need to leave your vehicle.

Healthy Environment

- We will separate students into smaller groups that fall within state or local guidelines.
- Staff will disinfect high-touch surfaces, such as door handles, light switches, faucets, desks, chairs, etc. between rotations of the classes throughout the day.
- We will perform an enhanced deep cleaning every night in all areas.
- Staff and students will always have access to anti-bacterial hand sanitizer.

Child Health

- Staff have received education on COVID-19 symptoms as well as preventive measures.
- Students who start to experience symptoms of respiratory illness, including a fever of >100 while at Northstar, will be isolated from other students until they can be picked up.

Staff Health & Wellness

- Staff will receive additional training on infection control and workplace disinfection on an ongoing basis.
- Staff will not share their phone or devices with one another or children.
- Staff will check their temperature at the beginning of each shift and notify their supervisor if >100 as well as self-monitor for signs and symptoms of COVID-19 and notify their supervisor if any develop (fever or respiratory symptoms).
- Staff will wash their hands immediately upon entering the building, immediately prior to leaving, and at frequent intervals throughout the day.
- Staff will not be allowed to work if they are feeling ill or experiencing respiratory symptoms.

Thank you for your understanding and patience as we implement these new procedures. Our goal is to minimize disruption while at the same time keeping your son, your family and our staff healthy and well.

Sincerely,

Taylor Wentz
Safety Manager

Camp NS Policies and Procedures

Here at Northstar, we must make decisions as an organization that serves the needs of hundreds of students and all our staff members. We wish we could accommodate each person/family's unique situation(s) but that is simply not feasible. The following health and sanitation procedures are actions that we will collectively implement to keep our students and staff members safe. These will be for Camp NS programming starting July 6th – July 30th or until determined otherwise by the Safety Manager.

Screening – Students

- I. Parents should screen students at home for **fever, cough, shortness of breath, loss of taste or smell, congestion or runny nose.**
- II. Students should **stay home** if they have any of the above symptoms, tested positive for COVID-19, or have been in close contact with a person that has tested positive for COVID-19
- III. Staff will check student's temperature outside the building using a Northstar thermometer before parents can leave. While checking students' temperatures, staff will wear a mask and gloves. If temperature is above 100° F, student must immediately go home with parent. Staff will inform respective Manager and Safety Manager that a student had a fever.
- IV. If students have symptoms, they need to get tested for COVID-19. Once they have a negative response, they will be allowed back on-site. Negative results will need to be sent/given to the student's Academic Manager.

Personal Hygiene

- I. Staff and students will immediately wash their hands upon entering the building (before checking temp for staff).
- II. During programming, all staff and students will wear masks.
 - a. Students are encouraged to bring a mask they wear already. Disposable masks will be available to students each day if they don't have one.
 - b. Staff will wear cloth masks and will be provided with 2.
 - c. Masks do not have to be worn in the following situations:
 - i. Eating
 - ii. Outdoor Activities
 - iii. Gym Activities
 - iv. Designated Socially Distanced Breaks
- III. Staff and students will not be allowed to drink from the water fountains. They may use water fountains to refill water bottles.
 - a. Water bottles will be provided on-site for students and will be cleaned and sanitized at the end of each day.

Environment Cleaning

- I. Bathrooms will be cleaned after each class use. Each grade will use separate bathrooms to minimize contact with other groups. 4th, 5th, and 6th graders will each have their own bathroom. 7th-9th grade will share a restroom. Only 1 student may be in the restroom at a time.
- II. Each classroom space will be wiped down before a new group comes into the space.

Programming

- I. Groups will be no larger than 10-13 students and will stay with the same group throughout the day and for the entirety of camp.
- II. Groups will eat lunch with their group in their assigned classroom/space when they arrive. Students will be directed to that room when they arrive in the morning by staff.
- III. During all transitions, the following protocols will be in place
 - a. Groups will be individually released to go to the fieldhouse from their classroom
 - b. Fieldhouse will have “In” and “Out” doors
 - c. Each group will have an area designated in the fieldhouse for them to go to
 - d. Once classrooms are cleaned, groups will be dismissed one by one from the fieldhouse to their respective classroom
 - e. Students will use hand sanitizer as they leave the fieldhouse
- IV. For groups using the vans the following will be required:
 - a. All students and staff will be wearing a mask
 - b. All students and staff will sanitize their hands before getting in the vehicle
 - c. Vehicles will be wiped down before being used again by Northstar High School Interns
 - d. Any trip under 30 minutes (based off of google maps/MapQuest/etc.) the vans may be used at 100 % capacity.
 - e. Any trip over 30 minutes, the vans will be allowed the following amount of people
 - i. 12-seater – 8 total people, including driver and front seat passenger
 - ii. 15-seater – 10 total people including driver and front seat passenger
 - iii. Students will sit in designated seats. Seats they CAN'T sit in will be marked

Person Showing Symptoms

- I. If a staff member or student shows symptoms the following steps will be taken:
 - a. Student or staff will be isolated in the Small Conference Room on the northeast side of the building, outside under the tent, or exit the building immediately if possible
 - b. If student, call parent immediately and figure out a plan for them to pick student up
 - c. Identify areas used by the person and restrict use of the areas until cleaned
 - d. Clean and disinfect areas used by person along with whole building when necessary

Positive Cases and Response

- I. Positive case (student or staff)
 - a. Public health will receive the laboratory result and at that time will contact the positive case and do a contact investigation asking questions i.e. who have you been around closer than 6 feet for longer than 10 minutes, most likely that is the household and some classmates and or colleagues. Those are contacts who then should quarantine at home for 14 days.
 - b. The Health department may ask Northstar to help out in identifying classmates sitting close to the positive dependent on the class set-up. Those students in close contact may be contacted by the health department or in collaboration with Northstar. We will follow the lead of the experts at the Douglas County Health Department.
 - c. The whole class of a positive tested person will be asked to stay home and get tested before returning. Students will be able to return once they have received a negative test result and sent it to their Program Manager.

- e. A classroom and/or building will be closed for a minimum of 24-48 hours and deep cleaned with a report of a student testing positive for COVID-19 that has been in the facility.
 - i. Please know that there might be times throughout the program that Northstar will have to be closed down for 1-2 days with very limited notice
- f. Infected individuals can return to Northstar 10 days after the symptoms started, 3 of those days have to be fever-free without fever-reducing medicine and the symptoms must have significantly improved. Quarantine persons can return to Northstar 14 days after they had last contact with the positive case.
- g. Communication with environmental services to facilitate rapid cleaning and disinfecting surfaces to immediately limit exposure to others



NORTHSTAR

Camp Northstar Building Cleaning Procedures

During Programming

- Staff will clean each classroom and bathroom between a rotation. Staff were trained by our professional cleaning crew, City Wide.
- Staff will use Pure Ozone product from CleanCore Solutions to do the cleaning instead of using chemical based products. See website below for more information.

Outside of Programming

- Our professional cleaning group, City Wide, comes in each evening and cleans all surfaces in the building on Monday thru Friday.
- On Wednesday evening, they also will do an Electrostatic cleaning to give the building an extra layer of cleaning!

Resources

City Wide Cleaning - <https://gocitywide.com/>

CleanCore Solutions - <https://cleancoresol.com/>



NORTHSTAR

How to Get Qualified for Testing of COVID-19

Dear Parents and Families,

If you recognize your son as having COVID-19 symptoms, he is sent home from camp with symptoms, or was in contact with someone that had tested positive for COVID-19, he will need to get tested before being considered to return to Camp Northstar. Below are the steps needed to get an appointment to go get tested.

1. Visit the Test Nebraska website at www.testnebraska.com
2. Click on the "Start Now" button
3. Fill out your **SON's information**, not yours. The info is for the person getting tested.
4. Answer questions you are asked
5. If you get a question about wanting to be considered for testing, click YES.
6. If you are qualified for testing, you will set up an appointment on the website.
7. Go to appointment with:
 - a. An ID card (school student IDs work)
 - b. A mask
8. Appointments are drive up. Follow directions when arriving on site. Current site is located on CHI Health Center
 - a. 455 N 10th St, Omaha, NE 68102
 - b. When you arrive at the CHI Health Center, please enter Lot D. The entrance to Lot D is located off of Cuming St., to the north of the parking lot.
9. Results will be emailed to you within 72 hours.
10. When you get your results, please email them ASAP to Taylor Wentz, Safety Manager (taylor@outwardboundomaha.org) so he can take the appropriate next steps if your son is positive or let you know you can come back to camp!

If you have any questions on the process or are not able to get an appointment, please call Northstar ASAP so we can help you get an appointment set.